

Sexually Transmitted Diseases

April is National Sexually Transmitted Disease Education and Awareness Month

Most Diagnosed STDs Today:

- Chlamydia
- Gonorrhea
- Genital Herpes
- Syphilis
- Human Papillomavirus
- Trichomoniasis
- HIV/AIDS
- Hepatitis B&C

How you can prevent the spread of STDs:

- Use safe sex practices!! Condoms are available at the clinic.
- Check your vaccination status with your local immunization nurse . Make an appointment today to receive the HPV and Hepatitis B vaccines.
- If you suspect you may have an STD, make an appointment right away for testing and treatment. The sooner you are treated, the less time there is for complications to arise.
- If you are a female and are sexually active, make sure you are being seen annually for a well-woman exam.
- If you have new or multiple sex partners, make sure you are routinely being seen for STD testing.

What you should know:

- 1 in 5 Americans has a Sexually Transmitted Disease
- The Centers for Disease Control and Prevention estimates there are 19 million new STD infections each year
- 2/3 of these new reports each year are from young people between the ages of 15-24
- All STDs can be spread **BEFORE** symptoms appear
- An estimated 24,000 women become infertile each year due to complications from an STD
- You can help prevent 2 sexually transmitted diseases through vaccination: Human Papillomavirus (for those under the age of 26) and Hepatitis B



Available **FREE** at your local health clinic!

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