

Miscellaneous Resources

Military OneSource services are available 24 hours a day, 365 days a year. Visit the Web site at <http://www.militaryonesource.com> or call one of the following phone numbers:

Overseas: *OCONUS Universal Free
Phone: 00-800-3429-6477
Collect from Overseas: 484-530-5908
Stateside: 1-800-342-9647
En español llame al: 1-877-888-0727

Battlemind Training is done by populations. The two proponents providing Battlemind Training are the Chaplain's Office and ACS. Chaplains conduct Battlemind training for active duty personnel and the Deployment Mobilization Managers at ACS conduct Battlemind training for Family members. To arrange training for active duty personnel, please call **314-370-7520**. For Family members, call your local ACS Deployment Mobilization Manager.

Family Life Chaplain
DSN: 354-6135/6250
CIV: 09721-96-6135/6250

Europe-wide Sexual Assault Hotline
0-0800-0-ASSAULT
(0-0800-0277-2858)

Helpful Links

Military OneSource
<https://www.militaryonesource.com>

HQ USAREUR
<http://www.hqusareur.army.mil>

Army Behavioral Health
<http://www.behavioralhealth.army.mil>

Center for Health Prevention & Promotion
<http://chppm-www.apgea.army.mil/>

Army Medicine
<http://www.armymedicine.army.mil>

Army Families Online
<http://www.armyfamiliesonline.org/skins/WBLO/home.aspx>

Hooah 4 Health
<http://www.hooah4health.com/>

Army Substance Abuse Programs
<http://www.bw.eur.army.mil/> (Click "Directorate of Human Resources" then click "ASAP")

Army Suicide Prevention
<http://www.armyg1.army.mil/hr/suicide/default.asp>

Army Well-Being
<http://www.armyfamiliesonline.org/skins/WBLO/home.aspx>

Courage to Care Program
<http://www.usuhs.mil/psy/courage.html>

Army Medicine
<http://www.armymedicine.army.mil>

Mental Health Advisory Team
<http://www.armymedicine.army.mil/news/mhat/mhat.html>

Battlemind
<http://www.battlemind.army.mil>

My Army Life Too
<http://www.myarmylifetoo.com>



Schweinfurt Health Clinic

Schweinfurt Region Support Services



Schweinfurt Health Clinic

CMR 457
APO AE 09033

DSN 354-7901
CIV 09721-96-7901



Europe Regional Medical Command
<http://ermc.amedd.army.mil>

Resources for Treatment

Schweinfurt Community Support Services

Schweinfurt Community

Behavioral Health Services

DSN: 354-6231

Civilian: 09721-96-6231

Located on Ledward Kaserne in Building 201. Provides services and/or training for active duty Soldiers, Family members, civilians, and retirees in these areas: alcohol-related issues, anger management, PTSD, traumatic brain injury (TBI), blended Families, child abuse & neglect, child rearing, special needs children, couples counseling, crisis intervention, depression, domestic violence, drug-related issues, Exceptional Family Member Program, gambling, grief counseling, marital counseling, marital difficulties, men's issues, parenting skills, self esteem, single parenting, stress management, suicide prevention, teen issues, mental health consultation services and women's issues. Please call for detailed information on any of these services.

Social Work Service

DSN: 354-6276

Civilian: 09721-96-6276

Located on Ledward Kaserne in Building 201. Provides assessment, treatment and training services in the following areas: crisis intervention, combat stress, PTSD, psychosocial aspects of TBI, child abuse and neglect, domestic maltreatment, parenting (including blended and single parent Families), depression, anxiety, grief counseling, marital/couples issues, teen issues, men's and women's issues, anger and stress management, special needs Families, sexual assault and all aspects of the challenges associated with the deployment

cycle. Psychiatrists provide medication evaluation and management. Services are available to active duty, Family members, civilians and retirees. We offer individual, group, couples and Family therapy, as well as counseling workshops on various life cycle topics.

Adolescent Substance Abuse Counseling Services

DSN: 354-6813/350-7176

Civilian: 09721-96-6813/0931-889-7176

Located at Schweinfurt Middle School. Provides services relating to alcohol-related issues, anger management, assertiveness training, blended Families, conflict resolution, depression, drug-related Issues, grief counseling, parenting skills, self care, self esteem, single parenting, stress management, suicide prevention, teen issues, tobacco cessation (adult/teen). Please call for detailed information on ASACS services.

Army Community Service and Family Advocacy Program

DSN: 354-6933/6751

Civilian: 09721-96-6933/6751

Located on Ledward Kaserne in Building 242. Provides services and/or training in these areas: anger management, assertiveness training, blended Families, breast feeding, child abuse and neglect, child rearing, special needs children, conflict resolution, crisis intervention, deployment readiness, EFMP, Family issues support services, financial counseling, domestic violence, marital difficulties, men's and women's issues, new parenthood, newcomer's orientation, nutrition education, oral and dental health, parenting skills, pregnancy, sexual assault, stress management, teen issues, time management and worksite violence.

Army Substance Abuse Program

DSN: 354-1710

Civilian: 09721-96-1710

Located on the Abrams Kaserne in Building 444. Formerly known as the Community Counseling Center, ASAP provides services and/or training in these areas: alcohol and drug-related issues, Alcoholics Anonymous and Narcotics Anonymous meetings, alcohol and drug abuse prevention training, DUI/DWI, drug apprehension and alcohol abuse courses, Employee Assistance Program screening and enrollment, referral and counseling for civilian personnel, Unit Prevention Leader and Unit Awareness Prevention training. For detailed information on all services, please call ASAP directly.

Military Family Life Consultants

Civilian: 0175-379-4691

0151-100-23585

or contact your local ACS office.

Located on Ledward Kaserne in Building 242. Provides brief solution-focused problem solving support and work in conjunction with existing programs. Also provides education and support for a range of issues including: relationships, crisis intervention, stress management, grief, occupational and other individual and Family issues.

- Flexible appointment times
- Flexible meeting locations
- No records kept
- *Confidential

*Except in cases of threat to self, others, and any reportable abuse issues.