

## Miscellaneous Resources

**Military OneSource** services are available 24 hours a day, 365 days a year. Visit the Web site at <http://www.militaryonesource.com> or call one of the following phone numbers:

**Overseas: (OCONUS)** Universal Free Phone: 00-800-3429-6477  
**Collect from Overseas:** 484-530-5908  
**Stateside:** 1-800-342-9647  
**En español llame al:** 1-877-888-0727

**Battlemind Training** is done by populations. The two proponents providing Battlemind Training are the Chaplain's Office and ACS. Chaplains conduct Battlemind training for active duty personnel. The Deployment Mobilization Managers at ACS conduct Battlemind training for Family Members. To arrange training for active duty personnel, please call **370-6191**. For Family Members, call your local ACS Deployment Mobilization Manager.

**Family Life Chaplain**  
DSN: 337-6867/5508  
CIV: 0611-705-1570/6248

**Europe-wide Sexual Assault Hotline**  
0-0800-0-ASSAULT  
(0-0800-0277-2858)

## Helpful Links

**Military OneSource**  
<https://www.militaryonesource.com>

**HQ USAREUR**  
<http://www.hqusareur.army.mil>

**Army Behavioral Health**  
<http://www.behavioralhealth.army.mil>

**Center for Health Prevention & Promotion**  
<http://chppm-www.apgea.army.mil/>

**Army Medicine**  
<http://www.armymedicine.army.mil>

**Army Families Online**  
<http://www.armyfamiliesonline.org/skins/WBLO/home.aspx>

**Hooah 4 Health**  
<http://www.hooah4health.com/>

**Army Substance Abuse Programs**  
<http://www.bw.eur.army.mil/> (Click "Directorate of Human Resources" then click "ASAP")

**Army Suicide Prevention**  
<http://www.armyg1.army.mil/hr/suicide/default.asp>

**Army Well-Being**  
<http://www.armyfamiliesonline.org/skins/WBLO/home.aspx>

**Courage to Care Program**  
<http://www.usuhs.mil/psy/courage.html>

**Army Medicine**  
<http://www.armymedicine.army.mil>

**Mental Health Advisory Team**  
<http://www.armymedicine.army.mil/news/mhat/mhat.html>

**Battlemind**  
<http://www.battlemind.army.mil/>

**My Army Life Too**  
<http://www.myarmylifetoo.com>



Wiesbaden Health Clinic

## Wiesbaden Region Support Services



## Wiesbaden Health Clinic

Unit 296236  
APO AE 09096

DSN 337-6320/6339/7312  
CIV 0611-705-6320/6339/7312



Europe Regional Medical Command  
<http://ermc.amedd.army.mil>

# Resources for Treatment

## Wiesbaden Community Support Services

### Wiesbaden Community

#### Psychological Health Clinic

**DSN:** 337-1750

**Civilian:** 0611-705-1750

Located in Building 1040 on Wiesbaden Army Airfield. Psychiatrists, psychologists and social workers provide services and/or training for active duty Soldiers, Family Members, civilians and retirees in managing alcohol related issues, anger management, combat stress, PTSD, traumatic brain injury (TBI), blended Families, child abuse and neglect, child rearing, special needs children, couples counseling, crisis intervention, depression, domestic violence, drug-related issues, EFMP, grief counseling, marital counseling, marital difficulties, men's issues, parenting skills, self esteem, single parenting, stress management, suicide prevention, teen issues, mental health consultation services and women's issues. Psychiatrists provide medication evaluation and management. Please call for detailed information on all of these services.

#### Social Work Service

**DSN:** 337-5297/5942

**Civilian:** 0611-705-5297/5942

Located in Building 1526 on Wiesbaden Army Airfield. Provides assessment, treatment and training services in crisis intervention, combat stress, PTSD, child abuse and neglect, domestic maltreatment, parenting (including blended and single parent families), depression, anxiety, grief counseling, marital/couples issues, teen issues, men's and women's issues, anger and stress management and special needs Families. Services are available to active duty Soldiers, Family Members, civilians

and retirees. We offer individual, group, couples and Family therapy as well as counseling workshops on various life cycle topics.

#### Adolescent Substance Abuse Counseling Services

**DSN:** 337-5691

**Civilian:** 0611-705-5691

Located at the Wiesbaden High School. Provides services addressing alcohol-related issues, anger management training, assertiveness training, blended Families, conflict resolution, depression, drug-related issues, grief counseling, self care, self esteem, single parenting, stress management, suicide prevention, teen issues and tobacco cessation (teen). Please call for detailed information on ASACS services.

#### Army Community Service and Family Advocacy Program

**DSN:** 335-5754

**Civilian:** 0611-408-0754/0400

Located in Building 7790, Hainerberg Housing. Provides services and/or training for anger management, assertiveness training, blended Families, breast feeding, child abuse and neglect, child rearing, special needs children, conflict resolution, crisis intervention, deployment readiness, EFMP, Family issues support services, financial counseling, domestic violence, marital difficulties, men's and women's issues, new parenthood, newcomer's orientation, nutrition education, oral and dental health, parenting skills, pregnancy, sexual assault, stress management, teen issues, time management and worksite violence.

#### Army Substance Abuse Program

**DSN:** 337-1710

**Civilian:** 0611-705-1710

Located in Building 7251. ASAP provides services and/or training in alcohol and drug related issues, Alcoholics Anonymous and Narcotics Anonymous meetings, Alcohol & Drug Abuse Prevention Training (ADAPT) DUI/DWI, drug apprehension and alcohol abuse course, Employee Assistance Program (EAP) screening, referral and counseling for civilian personnel, Unit Prevention Leader (UPL) and Unit Awareness Prevention Training (UAPT). For detailed information on all services, please call ASAP directly.

#### Military Family Life Consultants

**Civilian:** 0175-617-5799 or 0160-990-82323 or contact your local ACS office.

Located in Building 7029. Provides brief solution-focused problem-solving support in conjunction with existing programs. Also provides education and support for a range of issues including relationships, crisis intervention, stress management, grief, occupational and other individual and Family issues.

- Flexible times
- Flexible meeting locations
- No records kept
- \*Confidential

*\*Except in cases of threat to self, others, and any reportable abuse issues.*